

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations
March 2024**

Sociology and General Psychology

Time: 3

Max Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Write SECTION A, SECTION B and SECTION C in separate Answer books. Do not mix up questions from Section A, Section B and Section C.

QP Code: 105009

Section A- Ayurvedic Part

Max Marks: 50

Essay

(4x10=40)

1. Which are the factors involved in Janapadodwamsa(जनपदोद्ध्वंस). Explain each in detail.
2. Discuss Udwarthana procedure. Explain its benefits and types. (4+3+3)
3. Explain Sadvritta (सद्वृत्त) and its role in maintaining Positive health.
4. Define Satwam (सत्त्वम्) and briefly explain its importance in Rogi Pareeksha (रोगी परीक्षा).

(3+7)

Short Notes

(4x2½=10)

5. Benefits and Contra indications of Abhyanga (अभ्यंग).
6. Differentiate Gandusha (गण्डूष) and Kabala (कबल).
7. Dosage and Timing of Pratimarsa Nasya (प्रतिमर्श नस्य).
8. Benefits of Pada abhyanga (पाद अभ्यंग).

QP Code: 106009

Section B – Sociology

Max Marks: 25

Essay

(10)

1. Define family. Explain in detail the types and functions of family.

Short Notes

(5x3=15)

2. Differentiate between urban and rural community
3. Explain characteristics of culture.
4. Describe barriers of social change
5. Explain Juvenile delinquency.
6. Explain concepts and types of sociology

QP Code: 107009

Section C – Psychology

Max Marks: 25

Essay

(7)

1. Define psychology. Explain relevance of psychology in Ayurveda nursing

Short Notes

(6x3=18)

2. Explain factors influencing attention
3. Explain observation as a method of psychology
4. Explain role of a nurse (Ayurveda) as a counsellor
5. Enumerate any three methods to improve memory
6. Enumerate various causes of stress
7. Write a note on role of heredity and environment in behavior development
